

**BUDDHISM, PSYCHOLOGY & MENTAL HEALTH PROGRAM – COURSE TIMETABLE 2020-2021**

<b>Course</b>	<b>Course Title</b>	<b>Instructor</b>	<b>Time</b>	<b>Cap</b>	<b>Delivery Mode</b>
NEW214H1F	Socially Engaged Buddhism	Elli Weisbaum	W 10-1	75	Online Synchronous
NEW232H1F	Buddhist Psychology	Tony Toneatto	W 4-7	210	Online Synchronous
JNR301H1S	The History of Buddhist Meditation	TBA	M 5-7	40	Dual Delivery
NEW332H1S	Buddhism and Psychotherapy	Tony Toneatto	M 1-4	120	Dual Delivery
NEW333H1F	Buddhism and Cognitive Science	John Vervaeke	F 10-1	100	Online Synchronous
NEW334H1S	Science of Wisdom: Buddhist and Western Traditions	Michel Ferrari	T 1-4	40	Dual Delivery
NEW335H1F	Meditation & the Body	Paul Whissell	M 10-1	300	Online Synchronous
NEW336H1S	Special Topics: Buddhist Perspectives on Current Social Issues	TBA	W 10-1	75	Online Synchronous
NEW337H1S	Special Topics: Mindfulness Meditation, Education and Mental Health: Theory, Praxis and Research	Jennifer Motha	R 10-1	40	Dual Delivery
NEW338H1S	Cultivating Consciousness	Melanie Viglas	M 2-5	30	Dual Delivery
NEW432H1S	Advanced Topics: Advances in Neuroscience & Mindfulness	Paul Whissell	F 2-5	40	Dual Delivery
NEW438H1F	Research Methods in Mindfulness Meditation	Tony Toneatto	T 11-2	30	Online Synchronous

**Note: Times are subject to change. For current rooms and times see <https://timetable.iit.artsci.utoronto.ca/>**